

Year 5- Term 1A

8 Weeks: September - October 2025

Ms. Camilla Ms. Aisling Ms. Kateryna

Big Question:

What choices can we make to live a healthy lifestyle?



To link with our science topic, the students will explore a balanced diet and why animals and humans need a balanced diet to be healthy.

Students will gather data from their peers; analyse the data and using this data, create healthy lifestyle campaigns. The students will explore different aspects of their daily life and how these can be improved to lead a healthier lifestyle. Finally, the students will create a campaign using a variety of media and educate their peers on making healthy life choices.

English

This term the students will be focusing on Explanation texts in particular 'How to lead a Healthy Lifestyle'.

We will begin novel studies where we explore the characters, the settings, and the plot of the story.

We will continue to use the Accelerated Reader program – please ensure your child reads for 20 minutes per day.

Mathematics

We will learn the following skills:

- Place value
 - Read, write, order and partition numbers up to 1,000,000
 - Saying 10/100/1000 more or less than a number
 - Rounding to 10/100/1000 (numbers up to 1,000,000)
- Addition and subtraction
 - Mental strategies
 - Column methods up to 4 digits
 - Inverse operations and finding missing numbers
- Multiplication and division
 - Factors and multiples

Spanish

This term in Spanish we will review the alphabet, days of the week and months of the year, numbers from 1 to 31, colours, and family members. Additionally, we will celebrate "Día de Muertos" as they do it in Mexico.

Art

This term we are going to learn about 'Still Life' and how artists use fruits and vegetables in their art.

Music

In Music we are going to explore programme and absolute music, as well as classical notation. Students will use dance, movement, and lyrics to include our theme HEALTHY LIFESTYLE into the programme music.

ICT

- Internet safety
- Healthy lifestyles - Overusing devices
- Word/ typing skills

German

In German we will talk about our summer and tell each other what we have done. We will also talk about Hobbies. In Grammar we will learn about the possessive article and how to use it.

PSHE

- Making friends and forming friendships.
- Respecting others and ourselves.

Science

We will begin by focusing on the digestive system and the role each organ plays in the digestion process. We will compare human digestive systems with those of other vertebrates. We will explore why balanced diets are important. Finally, we will learn about ways plants and animals have adapted to their environments.

Slovak/SAL

In this period students learn to distinguish sentences according to their content. They use appropriate stylistic devices and the richness of the Slovak language. Emphasis is placed on improving and consolidating the acquired knowledge, searching for information in the text and formulating answers to questions. Students actively engage in reading comprehension and improve their use of the Slovak language.

Physical Education

Develop and practise a range of ball handling skills: chest pass, bounce pass, overhead pass, shoulder pass; dribbling.

To understand the different activities we can do to improve stamina, speed and coordination

Humanities

Using their geographical knowledge, students will explore where food comes from and learn about food miles. As part of their campaigns, students will discuss the benefits of eating seasonal foods.